



1-2 Grade Rules

All 1-2 grade games will be 7v7 including a goalie (can play with less if needed to accommodate another team that doesn't have enough kids.) Try to never forfeit a game. 5v5 is completely fine.

Field size is 120'x90' with a 6.5x12 goal.

must adhere to the following rules:

1. No offsides
2. Ball Size: 3
3. Play with 1 Goalkeeper per team.
4. Coaches: Not allowed on the field during play.
5. Length of Games: 4 quarters, 12-minute quarters. There is a 2-minute break between quarters and a 5-minute break at halftime.
6. Substitutions: Allowed on the fly. An injured player must be substituted.
7. Substitution Area: Subs sit in the space provided between the 2 fields your team is playing on.
8. Kick-offs: At the start of each quarter and following goals from the center line. The opposing team must be outside the circle away from the ball.
9. Re-starts:
 - o Throw-ins: Done when the ball crossed the touchline. Feet must remain on the ground and the ball thrown over head. The throw-in may be redone if incorrectly performed.
 - o Goal kicks: The goal kick should be taken within 2-3 yd (6-9 ft which is the height of an adult) of the goal and the opposing players must be at center line. No attacking player may touch the ball until it leaves the penalty area and a pass to a defensive player is received which then makes the ball live (both teams can play for the ball). If the defense doesn't touch the ball and it crosses the center line then the attacking team may take control of the ball.
 - o Corner kicks: If a team defending goal last touches ball before it crosses end line, the attacking team puts it into play with an indirect kick from the corner.
10. Spectators: Must sit along the fence-line at least 5 feet from the field. Spectators

are not allowed on or between the fields at any time.

11. General Rules:

- o NO slide tackling.

- o Retake illegal throw-ins and kick offs.

- o No jewelry of any kind may be worn (bracelets, watches, earrings, activity trackers, necklaces, etc.). Exceptions for medical reasons only.

- o NO TAPING EARRINGS – they must be removed for the player to play on field.